



Capturx Speeds Health Screening Data Capture & Reporting for Wellness Program

Proactive health screenings and employee wellness programs have been proven to not only improve employee health, but also to help employers reduce health care costs. As more employees participate in screenings, program managers have been faced with finding ways to improve the screening experience and to engage their employees as they discover their specific health status. Microsoft and its Health Management program administrator, LiveHealthier, have found an innovative way to streamline the process and increase employee screenings by using Capturx data capture software and Anoto digital pens. The Microsoft “Know Your Numbers” (KYN) Employee Wellness program integrates biometric data screenings with the employee’s health assessment answers and one-on-one onsite sessions with Health Coaches. The program provides employees and their spouses/dependents with access to the resources and support to assess their health, engage in activities to improve their health, and maintain a healthy lifestyle.

Summary

Background:

Microsoft’s “Know Your Numbers”(KYN) Employee Wellness programs provide employees and their families the resources and support to assess their health, engage in activities, and maintain a healthy lifestyle.

Challenge:

Clinicians and Health Coaches needed faster access to paper-based employee data. Paper data processing takes time and involves extra costs from shipping, scanning, and manual entry.

Solution:

Capturx for Microsoft SharePoint Server and digital pens. Data written by clinicians is instantly scanned by the digital pen and available for instant transmission to LiveHealthier wellness portals via Microsoft SharePoint Server for real-time processing.

Results:

Teams no longer need to ship, scan, or manually enter data. Now within minutes of a screening, a Health Coach can get real-time comprehensive screening results for a more meaningful follow-up session.

Challenge: Faster Access to Employee Wellness Reports

The most effective wellness programs focus on providing actionable feedback to individual employees based on their situation. The KYN process starts with employees filling out an initial health questionnaire followed by a biometric screening, performed by a clinician to identify specific health data for each individual. With the biometric data in hand, the employees then immediately meet with Health Coaches, who provide personalized health guidance based on this information.

The clinicians have always collected data on paper forms – which are easy to fill out and unobtrusive for the clinicians as they screen the employees. Employees also have ongoing access to all their data on the LiveHealthier wellness portal – which provides their wellness report based off of their health assessment and biometric data.

To aggregate all the data for each employee, the paper Scantron forms were shipped overnight, scanned, and the data was compiled and uploaded into the LiveHealthier wellness portal and the health assessment vendor. The process was cumbersome, since form data had to be shipped every night in order to provide a 24 hour turnaround time. Properly matching the pre-screening questionnaire answers and biometric screening results for each employee also introduced transcription errors and matching risks – which required additional manual review and extensive quality control.

At the health event, the Health Coaches did not have access to the employee’s total health picture so they were limited in the education they could provide. LiveHealthier set out to streamline the screening event and provide faster data access without having computers get in the way of the consultations between the clinicians, Health Coaches, and employees.

“Faster access to richer health and wellness information allows coaches and employees to create actionable goals and next steps and can help employees embark on their specific wellness journey. Capturx helps us streamline the paperwork and process so we can focus on employees, their well-being, and help drive positive outcomes.”

JOHN WHALL
Senior Vice President
LiveHealthier

Solution: Capturx for Microsoft SharePoint Server

LiveHealthier and Microsoft selected Capturx for Microsoft SharePoint Server to automate the health screening data capture naturally with paper forms and digital pens from Anoto. With Capturx, data written by the clinicians is instantly scanned by the digital pen and available for instant transmission to the LiveHealthier wellness portal via Microsoft SharePoint Server for real-time processing. This biometric data is then transmitted to the health assessment vendor who generates an individualized report that is immediately sent to the employee’s account on the wellness portal. Within minutes, the employee is ready to meet with a Health Coach, who has access to the results and analysis. The Health Coach creates an action plan with the employee based on the employee’s specific results. The action plan is saved in the employee’s LiveHealthier wellness portal account where it’s accessible for their ongoing reference and personal accountability. Capturx enables real-time access to the wellness report so the employee can have a meaningful session with the Health Coach.

“Faster access to richer health and wellness information allows coaches and employees to create actionable goals and next steps and can help employees embark on their specific wellness journey,” John Whall, Senior Vice President, LiveHealthier, *“Capturx helps us streamline the paperwork and process so we can focus on employees, their wellbeing, and help drive positive outcomes.”*

Benefits

Real-Time Data Access – Better Outcomes:

When the pen is docked via USB, biometric data is instantly accessible for transmission and processing in the LiveHealthier wellness portal. Now within minutes of a screening, a Health Coach can get a real-time wellness report that includes screening results for a more meaningful health education session. Action plans from Health Coaches are immediately available after the session so that employees and family members can begin taking action.

Streamlined Workflow Eliminates Paperwork Processing & Costs

With Capturx, clinicians can still use familiar pen and paper to capture data during employee sessions, while avoiding the burdens of scanning, transcribing, and sending paperwork. Since the digital pen creates digital copies of all the data as its written, teams no longer have to ship documents overnight, scan form data, or manually enter data into back-end systems. Program personnel are freed up for more productive tasks, rather than wasting time and resources on redundant administrative processes.

Accelerates Process – More Screenings:

LiveHealthier manages numerous screening events at Microsoft office locations throughout the country. Reducing the paperwork burden will enable more employees to be processed at these events. The result is a happier and healthier workforce, which is good for employees, Microsoft, and the broader community.